

Bifurcation of Syllabus Psychology - 222		
	Total no. of Lessons=27	
MODULE	TMA (40%)	Public Examination (60%)
	(11 lessons)	(16 lessons)
1. Foundation of Psychology	Lesson 1: An Introduction to Psychology	Lesson 2:Methods of Psychology, Lesson : 3 Individual Differences
2. Basic Psychological Processes	Lesson 6:Memory, Lesson 7: Thinking and Problem Solving	Lesson 4: Learning, Lesson 5: Sensory Processes: Attention and Perception , Lesson 8:Motivation and Emotion
3. Human Development	Lesson 9: Nature and Determinants of Development	Lesson 10: Childhood, Lesson 11: Adolescence and its challenges , Lesson 12: Adulthood and Ageing
4. Social Psychological Processes	Lesson 13: Group and Leadership , Lesson 16: Social and Educational Problems	Lesson 14: Communication, Lesson 15: Attitudes, Beliefs and Social Cognition
5. Health and Wellbeing	Lesson 17: Happiness and Well-being	Lesson 18: Mental disorder and their treatment Lesson 19: Mental Health and Hygiene
6. Work life and environmental concerns	Lesson 21: Preparation for the vocational role	Lesson 20: Aptitude, Interest and Job requirements Lesson 22: The world of organizations Lesson 23: Environmental stress

7. Yoga: A Way of life	Lesson 24: Healthy mind in healthy body Lesson 25: Self-development and Yoga Lesson 27: Controlling and disciplining the mind	Lesson 26: Nurturing the whole being : An Indian perspective
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